# **CURRICULUM VITAE**

## PERSONAL INFORMATION

Name
Father's Name
Mother's Name
D.O.B.
Satyam Tiwari
Sanjay Tiwari
Sarita Tiwari
15-07-1995

• Address : AT+PO+PS- Near by Sarkanda Thana,

: Tirupati nagar Distt- Bilaspur , State- Chhattisgarh (495001)

Nationlity : IndianBlood Group : A+

• Email : <u>Satyam8665@gmail.com</u>, <u>st20625137@gmail.com</u>

• **Mob No.** : 8085745363, 9520625137

### **PROFILE**

• I have learned Panchkarma, Naturopathy, Marma Therapy & Yoga Therapy.

• I want to get experience in Yoga and Therapy.

• To work in challenging environment and utilize my over all abilities, knowledge and skills in taking up responsibilities entrusted to me by the management and also which will help my career growth in prosperous manner.

• Jyotish.

## **EDUCATION**

School/College	Place/Board	Year	Class
Dev Sanskriti	Haridwar	2017-	M.Sc.Human
Vishwavidyalaya		2019	consciousness & yogic
			science
DevSanskriti	Haridwar	2014-	B.sc. (Maths, Computer-
Vishwavidyalaya		2017	science,Yoga)

School/College	Place/Board	Year	Class
Dev Sanskriti	Haridwar	2018	Sanskrit
Vishwavidyalaya			certificate

- NET qualified in Yoga (2019)
- Applying for Ph.D in Yoga (2019).
- One bookYogtatvadarshika which is related to PatanjalYogsutraediting and



written by me.

- I have presented 2 research papers in conferences and seminars.
- Other 2 research papers written by me have been published in UGC CARE listed journals.

### PROFFESIONAL EXPERIENCE

- One year teaching experience as guest lecturer at post of Assistant Professor in Pt. Ravishankar Shukla University Raipur (C.G.)
- Currently I am posted as a guest teacher in Bilaspur University
- Fiveyear learning experience in field of Yoga in Dev Sanskriti Vishwavidyalaya Haridwar.
- One month Social internship through Dev Sanskriti Vishwavidyalaya & yoga classes in Chandrapur, Mharastra. from Jan 10, 2016 to feb 10, 2016
- Social Internship through Dev Sanskriti Vishwavidyalaya inGodhra district Panchmahal ,Gujrat from Jan 10, 2019 to feb 10, 2019.

#### EXTRA CURRICULUM ACTIVITIES

- Participated in worlds first symposium on "Role of Meditation & prevention and Treatment of Cardiovascular Diseases" in AIIMS ,Rishikesh
- Participated in workshop on "Marma Therapy" DSVV, Haridwar on March 2019.
- One National workshop on yoga at Masturi in Bilaspur on December 2019.
- Chhattisgarh State Championship (Yoga) participated by me at 2017 in korba.

### **SKILLS**

- Yogic Cleansing
- Teaching
- Communication

#### INTEREST AND ADDITIONAL INFORMATION

- Practicing Yogic asana
- Reading yogic text
- Communicating with peoples

I hereby declare that all the information provided by me in this application is factual and correct to the best of my knowledge and belief.